

## Appendix A

### MONTHLY MEMBERSHIP PROGRAM SERVICES

Listed below are the medical services that are included in the Program and whether there is any additional fee due for the particular service. If there is any additional fee to be paid, the payment is due at the time the medical services are rendered.

**Appointments.** All appointments will be at the discretion and scheduling of Practice. Practice does not walk-in appointments or urgent care services. Practice strives to see Patients in a timely manner during normal business hours, which are M-F 7:30 a.m. to 11:00 a.m. Same-day appointments must be scheduled no later than 8:30 that morning. New Patients and Wellness visits will not be scheduled for same day appointments and must be scheduled at least one week in advance. For Patients with acute issues, Practice will attempt to see Patients within 24-48 hours if medically necessary, excluding weekends. Outside of normal business hours, Patients may call or text Dr. Wagenaar everyday including holidays and weekends. Calls or texts will be returned by Dr. Wagenaar within six hours. In an emergency situation or anything that could possibly be perceived as an emergency situation, Patients should proceed to the nearest emergency room or call 911. In the event Dr. Wagenaar is unavailable either in person or via text or phone, Practice will arrange for another licensed physician, physician assistant, or nurse practitioner to address Patient's medical needs.

**Ongoing Primary Care and In-Office Procedures.** While there are no fees for office or virtual visits, there are some procedures, medications, and injections that require an additional fee to be paid at the time of service. These are detailed below. Practice does not perform DOT (Department of Transportation) physicals, disability determinations for insurance, social security, or ADA purposes or Workman's Compensation visits.

**House Calls.** House calls are at the Provider's sole discretion and must be scheduled at least one-day in advance and are subject to Provider's availability. For those Patients that live within 15 miles of Practice, the cost of a house call is fifty (\$50.00) dollars. For those Patients that live over fifteen miles but less than thirty miles from practice, the cost of a house call is seventy five (\$75.00) dollars. For those patients that live thirty or more miles from practice, but less than forty-five miles, the cost of a house call is one hundred (\$100.00) dollars. For those patients that live forty-five-miles or more but less than sixty miles from Practice, the cost is twenty (\$125.00) dollars. Provider will not continue a house call in the event there are safety concerns such as pets and other children interfering with Patient's care.

**Vaccinations.** While Practice will advise Patients whether certain vaccines are necessary and should be obtained by Patient, the administration of vaccinations are not offered by Practice at this time. Practice will make every effort to assist Patient in obtaining medically necessary vaccinations. Vaccines for Children (VFC) is a federally funded, nationwide program that provides vaccines at no cost to children who might not otherwise be vaccinated because of inability to pay. Likewise, the federal government also provides free vaccines to adults if they are uninsured or underinsured. These vaccines are available by contacting: Riverstone Health Clinic 406-247-3350.

**Family Planning.** Practice will provide advice and consult on family planning issues. Practice does not provide birth control pills but will provide Patient with a prescription that can be filled at any pharmacy.

**Labs.** Most laboratory draws are performed on-site. However, occasionally, an outside laboratory, such as LabCorp, may be required. These outside laboratory testing services, which are ordered in the most economical manner possible, are not included in the MMF and Patient will be responsible for paying the lab directly for these draws. If the cost of the lab is covered by insurance, Patient may be able to have the insurance billed directly for the cost of the labs.

**Medications.** Medications will be ordered in the most cost-effective manner possible for patient. Medications dispensed in the office are not included in the MMF and the cost will be due at the time they are dispensed. Patient's membership in the Program does NOT guarantee medications will be prescribed or that certain medications will be provided to Patient; Practice will do what is medically appropriate for the Patient in determining whether to prescribe medications.

**Pathology.** Pathology examinations of tissue samples collected from procedures such as skin biopsies are not included in the MMF and will be ordered in an economical manner. Patient will either be billed for these services by the outside pathology lab or will be billed by Practice at the time the tissue sample is taken.

**Imaging.** All fees for third-party imaging services such as X-rays, MRIs and CT scans are not included in the MMF and will be collected from Patient by the imaging facility. Practice will provide, on Patient's behalf, an electronically transmitted written order to the third-party imaging facility requesting the specific services required for Patient's care.

**Monthly Membership  
Program Services**

Type	Description	Additional Fee?
<b>General Care</b>	Annual Exams including Well Child & Physicals	Included
	Basic Vision Screening	Included
	Cancer Screening Recommendations	Included
	Coordination of care	Included
	Diet Review & Recommendations	Included
	Exercise Review & Recommendations	Included
	Forms Completion	Included
	Hospital Follow-Up and/or Pre-Op Evaluations	Included
	In-Office Nebulizer treatments	Medication Costs
	Office Visits	Included
	Prescription Review	Included
	Preventive health care	Included
	Same-day / next-day sick visits (based on availability)	Included
	Sleep Optimization Strategies	Included
	Sports Physicals	Included
	Vaccine Recommendations & Counseling	Included
	Virtual visits (phone, secure text, video and email visits)	Included
<b>Chronic Care</b>	Acid Reflux (GERD)	Included
<b>Management</b>	Acne, Eczema, Rosacea & Cold Sores	Included
	Allergy medication management (no injections)	Included
	Chronic Disease Care	Included
	Congestive Heart Failure Management	Included
	Diabetes, Prediabetes & Insulin Resistance	Included
	Family Planning- Advice and consult only	Included
	High Blood Pressure (Hypertension) Management	Included
	High Cholesterol (Hyperlipidemia) Management	Included
	Hypothyroidism	Included
	Iron-Deficiency Anemia	Included
	Irritable Bowel Syndrome	Included
	Mental Health/Wellness – Non-controlled medication management only.	Included
	Migraines	Included
	Sports Medicine Evaluation and Treatment	Included
	Osteoarthritis	Included
	Overweight & Obesity	Included
	Seasonal Allergies & Asthma	Included
	Stress management and guidance	Included
	Vaping/Smoking cessation guidance	Included
	Vitamin D Deficiency	Included

<b>Acute Care</b>	Back Pain & Sciatica	Included
	Bronchitis, Cold & Flu	Included
	Management of mild to moderate COVID-19	Included
	Pneumonia	Included
	Rashes & Skin Infections/Ailments	Included/ Outside Pathology Fee
	Sexually Transmitted Infections (STIs)	Included/ Additional Outside Lab fee
	Sinus & Ear Infections	Included
	Strep Throat & Tonsillitis	Included
	Tendonitis & Bursitis	Included
	Urinary Tract Infections (UTIs)	Included
	Yeast Infections (Skin & Vaginal)	\$5
	Cryotherapy for warts and certain skin lesions	\$5
<b>Procedures</b>	Durable Medical Equipment (DME) for injuries (boots, braces, etc.)	Included/variable cost depending on wholesale price.
	Ear wax removal	Included
	Foreign body removal (depending on complexity) there may be times when it may require a referral to a specialist.	\$10
	Incision and Drainage	\$10
	Joint Injections	\$7/ (+) Medicine
	Laceration repair with sutures	\$10
	Skin Biopsy	\$5/shave \$10/punch \$15/excisional Outside Pathology Fee
	Skin Tag Removal	5 skin tags/\$0 \$5 for every 10 skin tags after first 5
	Toenail removal	\$15
	Trigger point/ Tendon injections	\$5/ Medicine
<b>In-Office Labs</b>	Blood Glucose Finger Stick	Included
	Rapid Flu	Included
	Rapid Mono	Included
	Rapid Strep	Included
	Urinalysis (UA)	Included
	Urine Pregnancy Test	Included
	Vaginal swab assessing for bacterial vaginitis and trichomoniasis	\$5
<b>Outside Labs</b>	All labs not performed in-office	Included/ Outside Lab Fee
<b>Pathology</b>	Tissue samples sent to third-party labs for diagnostic purposes such as pap smears and skin biopsies	Included/ Outside Lab Fee
<b>Imaging</b>	X-rays, MRIs, CT Scans, & Ultrasounds	See imaging above